

Tri-Cities Recovery

"Helping you Break your Bonds"

(276) 644-3133



News

Spring Forward With A New Life

With Spring in full bloom, many are planting flowers and gardens with the expectation of a beautiful and fruitful crop. At Tri Cities Recovery, we have the same idea but from a spiritual perspective. Each week, with your prayers and support, we feed people not only physical food, but also spiritual food through the word of God and the Living Free material. With Easter (Resurrection Sunday) behind us, we are still enjoying fruit from the spiritual planting that is taking place here at Tri-Cities Recovery. The picture below is of the children of Living Free participants getting blessed with Easter baskets that you our supporters helped to provide. Words cannot express the excitement we are encountering this spring as our community and families are experiencing that (New Life) in Christ here at Tri Cities Recovery.



TCR Equipping New Leaders

Tri Cities Recovery continues to equip, plant, and establish local nonresidential living Free programs in our region. With your help, we are planting more spirit filled Living Free Centers to help overcome the overwhelming plague of drugs and alcohol in our communities. Please prayerfully consider supporting this ministry so we can take back our community.

Tri-Cities Recovery
1119 Commonwealth Avenue
Bristol, VA 24201
(276) 644-3133
www.tricitiesrecovery.org
All giving is tax deductible!

Upcoming Events Corner

- Mondays-9am-10 am Prayer at TCR office.
- Tuesday Mornings Living Free Class at Bristol Jail.
- Wednesday Mornings Wake Up with Inmates at Abingdon Regional Jail: Stepping Into Freedom.
- Thursday-6:15-7pm Free Meal. 7pm - Insight Group and Free to Grow (men and women).
- 9/27-9/28 - Living Free Regional Conference. Contact TCR to register.
- 6/1 at 8am Bike-a-Thon Creeper Trail



Virginia Creeper Trail - Meet at 8a.m on June 1st at Shuttle Shack, 112 Douglas Dr. Damascus, VA.
WE NEED RIDERS!
Call 644-3133 to sign up!